#### Cigarette Taxes, Smoking, and Health in the Long Run

Andrew Friedson UC Denver Moyan Li IU Bloomington Katherine Meckel UC San Diego NBER CESifo

Daniel I. Rees Universidad Carlos III de Madrid Daniel W. Sacks IU Bloomington

#### Disclosures

Funding sources for presented work: None

Tobacco-related funding sources over the last 10 years: None

Will pause for questions at end of background and after discussing methods

## Health hazards of cigarettes

1964 Surgeon General's report Evidence consistent with severe health costs of smoking

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This paper: quasi-experimental evidence on long-run effects of tobacco control policy on smoking and health

## Long-run effects of cigarette taxes

Research question: What is the effect of *teenage* cigarette taxes on *adult* smoking and mortality?

Teenage taxes clearly influence teenage smoking Smoking initiation typically begins by age 20 Teenage smoking correlated with adult smoking Adult smoking and mortality are key long-run health outcomes

We use quasi-experimental variation in cigarette taxes Comparisons involve state-by-year birth cohorts facing higher vs. lower teen taxes Avoid the confounding from comparing smokers and non-smokers

# Data and approach

Combine data from several sources

State cigarette taxes: Tax Burden on Tobacco, 1950-2018 Death certificate data: US Vital Statistics, 1990-2018 Adult smoking: 1992-2018 Tobacco Use Supplement of Current Population Survey

Estimation approach compares people subject to different teenage taxes Adjusts for cross-state heterogeneity, general trends in mortality, as well as rich set of additional controls

Key assumption: state-specific timing of teenage taxes uncorrelated with preexisting trends in adult smoking and mortality

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Implications

Rising cigarette taxes over the 20<sup>th</sup> century produced long-lasting gains Potentially important long-run health benefits of controlling teenage smoking

# Background

Background, or why we think there's something left to learn about cigarettes and health

## Main evidence on smoking and health

Early evidence: smoking associated with cancer and mortality

- Case-control studies compare smoking of lung cancer and other cancer patients (e.g. Wynder and Graham, 1950; Doll and Hill, 1950)
- Short-run prospective studies following smokers and non-smokers
- (Doll and Hill, 1954; Hammond and Horn, 1958)

Large scale, long-running cohort studies confirm smoking-mortality association British Doctor's Study (Hill et al., 2004)

Recent work links health interview surveys to death certificate data Jha et al. (2013), Pirie et al. (2013), Carter et al. (2015) Adjustment for age, urbanicity, adiposity, some health behaviors

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Baseline health beyond comorbidities

Expectations of future health and life expectancy

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Unobserved confounding seems plausible from prior literature

People with greater genetic exposure to disease smoke more (Fang et al. 2007) Smokers less healthy on multiple dimensions *at initiation* (Add and Lechene 2013) Model-based efforts to addressing unobserved confounding  $\rightarrow$  smaller effects (Darden, 2017; Darden et al. 2018)

#### Our contribution

We show long-run effects of tobacco taxes on adult smoking and mortality

Evidence on health consequences of smoking that avoids confounding from comparing smokers and non-smokers Complements large-scale, long-running studies Complements model-based approaches to addressing unobserved confounding

First evidence on long-run effects of tobacco taxes on health Short-run evidence on mortality: Moore (1996), Bowser et al. (2016) Teen taxes and smoking through 20s: Gruber and Zinman (2001), Glied (2002), Auld (2015)

#### Data

State cigarette taxes Tax Burden on Tobacco

1950 — 2018





Additional sources for state-level covariates



Additional sources for state-level covariates

## Defining teenage taxes

Teenage tax: inflation-adjusted average state cigarette tax, ages 14 and 17Ideally match teenage taxes to adult outcomes using teenage residenceTeenage residence unobserved

Instead match on adult residence

Impute teenage (and lifecycle) taxes assuming no mobility Born in MA in 1986, live in IN now, impute my tax as 2000-2003 IN values:  $\frac{1}{4}(.63 + .61 + 1.15 + 1.12)$ 

Introduces measurement error, likely attenuates our estimates

### State cigarette taxes across four eras





### Sample formation

Both samples: Born 1936-1998, age 20+, US Born

Smoking: 1992-1998 Tobacco Use Supplement of CPS Work with micro data Main outcome: indicator for "smoke some day or everyday"

Mortality data: 1990-2018 death certificates Aggregate to state-birth year-death year(-sex) cells Get 1990 population counts for state-birth year cells(-sex) cells Main outcome: deaths per 100,000, denominated by 1990 population

#### Methods

Goal is to compare people facing different teen taxes, otherwise similar Regression specification  $Y_{it} = \alpha_1 TeenTax_{s(i)}$  +  $\epsilon_{it}$ 

 $\alpha_1$ : Effect of \$1 of teen taxes on adult outcome *Y* 

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 $\alpha_1$ : Effect of \$1 of teen taxes on adult outcome Y State fixed effect control for permanent, cross-state differences in  $Y_{it}$ Trend: birth year-age fixed effects, state-by-birth linear trends Control for adult taxes because autocorrelation in taxes Control for individual characteristics (race, birth year-age FE) for power, statepolicies dated at time of teenage years and current-time dated

#### Potential concerns and solutions

#### Confounding from anti-tobacco sentiment

States with higher taxes have more general opposition to tobacco Addressed by (1) state fixed effects, (2) controls for other tobacco legislation

#### Confounding from trends in smoking or mortality Taxes increasing over time, as mortality and smoking generally decline Addressed by fixed effects for age-by-birth year and state-specific linear trends

#### Attenuation bias from measurement error

Likely bias  $\alpha_1$  towards zero, so if anything our estimates are too small

#### Many adult smokers try to quit, or quit but relapse

Estimates from representative samples, average over current/former/never smokers

#### Results

# Teenage taxes reduce adult smoking

|                             | Men and women | Men only | Women only |
|-----------------------------|---------------|----------|------------|
| Coef. on teen tax           | -0.017        | -0.018   | -0.017     |
|                             | (0.007)       | (0.009)  | (0.008)    |
|                             |               |          |            |
| Observations                | 1,180,499     | 521,257  | 659,242    |
| Mean smoking rate           | 0.227         | 0.244    | 0.215      |
| Mean teen tax               | 0.77          | 0.77     | 0.77       |
| Implied teen tax elasticity | -0.06         | -0.06    | -0.06      |

Notes: Table reports coefficient on teen tax. Dependent variable is an indicator for "smokes some or every day." Many additional controls. Robust standard errors, clustered on state, in parentheses.

## Teenage taxes reduce adult mortality

|                         | Men and women |
|-------------------------|---------------|
| <u>A. All mortality</u> |               |
| Coef. on teen tax       | -20.0         |
|                         | (9.9)         |
| Mean mortality rate     | 479.3         |

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| <u>A. All mortality</u> |               |          |            |
| Coef. on teen tax       | -20.0         | -34.6    | -7.2       |
|                         | (9.9)         | (12.3)   | (6.8)      |
| Mean mortality rate     | 479.3         | 577.9    | 239.5      |

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| Mean mortality rate     | 479.3            | 577.9    | 239.5      |
|                         |                  |          |            |
| B. "Smoking-related"    | <u>mortality</u> |          |            |
| Coef. on teen tax       | -16.2            | -27.7    | -6.3       |
|                         | (6.8)            | (8.7)    | (5.7)      |
| Mean mortality rate     | 239.5            | 294.6    | 184.5      |

# No effect on "placebo" causes of death

|                          | Men and women | Men only | Women only |
|--------------------------|---------------|----------|------------|
| Coef. on <i>teen tax</i> | -0.3          | -1.4     | 0.9        |
|                          | (1.5)         | (2.1)    | (1.1)      |
| Mean mortality rate      | 45.9          | 66.0     | 25.8       |

Notes: "Placebo" causes include homicides and non-fire accidents. Table reports coefficient on teen tax from regression of deaths per 100,000. Many additional controls. Robust standard errors, clustered on state, in parentheses.

## Teenage taxes especially important for mortality

| Y=deaths/100k         | Men and women | Men only | Women only  |
|-----------------------|---------------|----------|-------------|
| Taxes, age 11 to 19   | -30.0         | -43.2    | -17.5       |
|                       | (12.3)        | (16.5)   | (9.4)       |
| Taxes, ages 20 to 24  | -6.1          | -11.5    | -2.7        |
| 2.0                   | (6.2)         | (9.1)    | (4.2)       |
| Taxes, ages 1 to 10   | -10.1         | -22.9    | 1.1         |
|                       | (18.5)        | (25.8)   | (13.7)      |
| Mean mortality rate   | 325           | 488      | 243         |
| incall inortanty rate | $J \angle J$  | 700      | $\angle 4J$ |

## Robustness

Alternative controls

Drop adult-dated controls

Drop teen-dated controls

Add education controls (available only in smoking data)

Alternative teenage definition: 11-19, 14-20

Log specification (mortality only)

Alternative data sets (Smoking only)

PSID

BRFSS

Gallup polls (good coverage throughout 20th century)

#### Conclusions

State cigarette taxes enacted over the last 70 years Reduced smoking at the time they went into effect Continued to reduce smoking decades later among people exposed as teenagers Reduced mortality among those cohorts also Taxes at other ages have less pronounced long-run health effects

Long-lasting consequences of cigarette taxes, tobacco control policy Potential health benefits from reducing teenage cigarette use Though average taxes are high, many states currently have low tax rates